



CORE  
TEEN

## Critical On-going Resource Family Education

*Spaulding for Children—in partnership with the ChildTrauma Academy, the Center for Adoption Support and Education, the North American Council on Adoptable Children, and the University of Washington—was awarded a 3-year cooperative agreement from the Administration on Children, Youth & Families, Children’s Bureau to develop a state-of-the-art training program, equipping resource parents with skills necessary to meet the needs of older youth who have moderate to serious emotional and behavioral health challenges.*

The curriculum is designed for both **current and prospective resource parents caring for older youth with moderate to serious behavioral health challenges who may be at risk for more restrictive placements**. This will include foster parents, guardians, adoptive families (private domestic, intercounty, and public adoptions), and relative caregivers.

### Curriculum Elements

**Self-assessment** – The assessment guides families through self-discovery, maximizing opportunities to build their confidence, abilities, and motivation. They are able to reflect on and evaluate motivation, preparedness, qualities, characteristics, current knowledge base, and strengths / weaknesses.

**Classroom-based instruction** – The 14 hours of classroom instruction is interactive and focuses on information sharing and initial skill development related to the unique needs of older youth with emotional and behavioral challenges. It provides families with knowledge and skills needed to either prepare to care for the target population or successfully parent youth already in their home who fall in this population.

**Right time training** – These videos will build on the classroom experience, ensuring new strategies and skills are transferred into the day-to-day activities of the family. The videos will be used at times most conducive to the parents’ learning. They could be used during support groups, in conjunction with case manager home visits, or at a time when the family is in need of immediate assistance in handling a situation.

**Looking for a curriculum that would help prepare families support older youth with moderate to severe emotional and behavioral needs?**

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