

While You Wait



ADVOCACY TOOLS FOR PROSPECTIVE FOSTER AND ADOPTIVE PARENTS

MARCH 2004

Resources to Help You Prepare for a Foster or Adoptive Placement



Now is the time to gather information, read, and learn strategies that can help you get ready for children who may join your family through adoption or foster care. Listed on the next three pages are books, magazines, videos, and web sites that can help you become better prepared to welcome children into your family.

You may want to purchase some resources to keep on hand for support when you begin to parent. You can also look for them in your local library or ask the library to order any they don't have. Inquire at your county or private agencies to see if they might have resources they are willing to lend. If there are any local adoptive or foster parent support groups with a lending library, ask if you can check out their selections.

continued on page 2





Resources for Prospective Foster and Adoptive Parents

Books and Web Sites

FOSTER CARE

Another Place at the Table, Kathryn Harrison, J. P. Tarcher Publishing, 2003.

A Child Called "It," David Pelzer, Health Communications, Inc., 1995.

Foster Club, foster parent and foster teen support information, www.fosterclub.com/index.cfm

FosterParentNet, an online support group and chat line for foster parents, www.fosterparentnet.org

Guidebook for Raising Foster Children, by Susan McNair Blatt, Greenwood Publishing Group, 2002.

The Heart Knows Something Different: Teenage Voices from the Foster Care System, Al Desetta, Editor, Youth Communication/NY Center, Inc., NY, 1996.

National Resource Center for Foster Care and Permanency, www.hunter.cuny.edu/socwork/nrcfcpp/

Practical Tools for Foster Parents, Lana Temple-Plotz, Ted Stricklett, and Michael Sterba, Boys Town Press, 2001.

Rebuilding Children's Lives: A Blueprint for Treatment Foster Parents, Christena B. Baker, Ray V. Burke, RonW. Herron, and Miriam A. Mott, 1996.

PARENTING CHILDREN WITH SPECIAL NEEDS

Adopting an Older Child, Claudia L. Jewett, Harvard Common Press, 1979.

Adopting and Advocating for the Special Needs Child, L. Anne Babb and Rita Laws, Bergin & Garvey, Westport, CT, 1997.

Adopting the Hurt Child and Parenting the Hurt Child, Gregory Keck, Ph.D. and Regina Kupecky, L.S.W., Piñon Press, Colorado Springs, CO, 1995 and 2002.

A Child's Journey through Placement, Vera Fahlberg, Perspectives Press, Inc., IN, 1991.

Most of the books and videos listed here can be found online or at local book stores. We have included more specific contact information for resources that may be more difficult to find.

The Healing Power of Families, Richard J. Delaney, Ph.D., Wood 'N' Barnes Publishing, Oklahoma City, OK, 1995.

Helping Children Cope with Separation and Loss, Claudia Jewett, Harvard Common Press, Harvard, MA, 1994.

Minnesota Adoption Preservation and Support (MN ASAP), www.mnasap.org (Web site includes *MN ASAP Family Voices*, an adoption support publication.)

Minnesota Adoption Resource Network (MARN), www.mnadopt.org

Parenting Your Adopted Older Child, Brenda McCreight, Ph.D., New Harbinger Publications, Inc., Oakland, CA, 2002.

Small Feats: Unsung Accomplishments and Everyday Heroics of Foster and Adoptive Parents, Richard J. Delaney, Ph.D., Wood 'N' Barnes Publishing, Oklahoma City, OK, 2002.

Swings Hanging from Every Tree: Daily Inspiration and Reflections for Foster/Adoptive Parents, Susan Stone, Wood 'N' Barnes Publishing, 2001.

SPECIAL NEEDS TOPICS

ATTACHMENT

The Association for Treatment and Training in the Attachment of Children (ATTCh), www.attach.org

Attaching in Adoption: Practical Tools for Today's Parents, Deborah D. Gray, Perspectives Press, Inc., Indianapolis, IN, 2002.

Attachment, Trauma, and Healing: Understanding and Treating Attachment Disorder in Children and Families, Terry M. Levy and Michael Orlans, Child Welfare League of America Press, Washington, DC, 1998.

Child Trauma Academy, www.childtrauma.org

Facilitating Developmental Attachment, Daniel A. Hughes, Jason Aronson Inc., Northvale, NJ, 2000.

Fostering Changes: Treating Attachment-Disordered Foster Children, Richard Delaney, Walter Corbett Publishing, Fort Collins, CO, 1991.

More Than Love: Adopting and Surviving Attachment Disordered Children, Sherril Stone, Ph.D., iUniverse.com, 2001.

Parenting with Stories: Creating a Foundation of Attachment for Parenting Your Child, Melissa Nichols, Family Attachment & Counseling Center, 2002.

When Love Is Not Enough: A Guide to Parenting Children with RAD—Reactive Attachment Disorder, Nancy Thomas, (Order from Families By Design, P.O. Box 2812, Glenwood Springs, CO.)

ADD/ADHD

Attention Deficit Disorder Sourcebook, edited by Dawn D. Matthews, Omnigraphics, Detroit, MI, 2002.

Children and Adults with Attention-Deficit Hyperactivity Disorder (CHADD), www.chadd.org

How to Reach and Teach ADD/ADHD Children, Sandra F. Rief, Jossey-Bass, 1993. (To order call: 800-288-4745; Item 087 6284136)

Living with ADHD: A Practical Guide to Coping with Attention Deficit Hyperactivity Disorder, Rebecca Kajander, C.P.N.P., M.P.H., by Park Nicollet Health Source, Minneapolis, MN. (800-372-7776)

FAS, FAE, FASD

The ABCs of FAS/FAE: Teachers Guide and Resource Booklet, www.lcsc.edu/education/fas/FAS.html

Children with Fetal Alcohol Syndrome: A Handbook for Parents and Teachers, Larry Burd, Ph.D., 1999. (Order from: Larry Burd, 1300 S. Columbia Road, Grand Forks, ND.)

Fantastic Antoine Grows Up: Adolescents and Adults with Fetal Alcohol Syndrome and Fantastic Antoine Succeeds: Experiences in Educating Children with FAS, edited by Judith Kleinfeld and Siobhan Wescott, University of Alaska Press, Fairbanks, AK (907-474-6389).

Fetal Alcohol Syndrome, www.come-over.to/FAS/

Fetal Alcohol Syndrome and Fetal Alcohol Effects, Minnesota Department of Health, St. Paul, MN, 1999.

Fetal Alcohol Syndrome and Fetal Alcohol Effects, Diane Malbin, Hazelden Books, Minneapolis, MN, 1993.

Recognizing and Managing Children with Fetal Alcohol Syndrome/Fetal Alcohol Effects: A Guidebook, Brenda McCreight, Child Welfare League of America, 1997.

SENSORY INTEGRATION

Out of Sync Child: Recognizing and Coping with Sensory Integration Dysfunction, Carol Stock Kranowitz, M.A., Perigee, 1998.

A Parent's Guide to Understanding Sensory Integration, Sensory Integration Intervention. (Call 310-320-9986)

SPECIAL INTEREST FOSTER CARE AND ADOPTION

Below the Surface: A Self-assessment Guide for Anyone Considering Adoption Across Racial or Cultural Lines, Beth Hall, 1998.

Birth Marks: Transracial Adoption in Contemporary America, Sandra Patton, New York University Press, 2000.

Grandparents as Parents: A Survival Guide for Raising a Second Family, Sylvie DeToledo and Deborah Edler Brown, The Gilford Press, New York, NY, 1995.

Inside Transracial Adoption, by Gail Steinberg and Beth Hall, Perspectives Press, Indianapolis, IN, 2000.

Lesbian and Gay Fostering and Adoption: Extraordinary Yet Ordinary, Stephen Hicks and Janet McDermott, Jessica Kingsley Publishing, 1998.

Of Many Colors: Portraits of Multicultural Families, Peggy Gillespie, University of Massachusetts Press, 1997.

Raising Our Children's Children, Deborah Doucette-Dudman with Jeffrey R. LaCure, Massachusetts Executive Office of Elder Affairs, 1996.

Videos

Multiple Transitions: A Young Child's Point of View on Foster Care, Michael Trout, The Infant-Parent Institute, Champaign, IL, 1997.

continued on page 4



continued from page 3

Rebuilding the Broken Bond #1: For Reactive Attachment Disorder and Rebuilding the Broken Bond #2: For Reactive Attachment Disorder, Nancy Thomas, P.O. Box 2812, Glenwood Springs, CO, 1998.

Redefining Success: Raising Children Exposed Prenatally to Alcohol, Ministry of Children and Family Development, British Columbia, Canada, 2001.

Re-Education of Foster and Adopted Children: Prospects for a Healthy Life, by Vera Fahlberg, M.D. (video & viewer's manual or DVD & viewer's manual).

Safe Environment for Foster Children Parts I & II: Managing Acting Out Behavior (video and viewer's manual).

Safe Environment for Foster Children Part III: A Time and Place for Healing with Dr. Vera Fahlberg (video and viewer's manual).

Struggle for Identity: Issues in Transracial Adoption, PhotoSynthesis Productions, New York State Citizens' Coalition for Children, Inc. (contact office@nysccc.org or call 607-272-0034).

Tender Healing, by Vera Fahlberg, M.D. and Richard J. Delaney, Ph.D. (To order call 800-777-6636 or www.sociallearning.com).

Magazines and Catalogs

Adoptive Families, Susan Caughman, publisher, New Hope Communications LLC, New York, NY (call: 800-372-3300).

BookSource: Pact's Multicultural BookSource, 2nd Edition, Pact, Oakland, CA. Reference guide to books related to adoption, race, and family life. (To order, contact www.pactadopt.org or call 510-243-9460).

Fostering Families, Richard Fischer, publisher, Louis & Company Publishing, Windsor, CO. (contact: www.fosteringfamilies.com or 888-924-6736).

Tapestry Books Adoption Catalog—resource for adoption books (contact: www.tapestrybooks.com or call 800-765-2367).



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We encourage you to reproduce and distribute this newsletter.

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